

# Coaching for Transformation

Unleash the Power in You and Others

*Coaching is life changing, as well as world-changing work.*

*Coaching for Transformation gives you creative, cutting-edge ways to inspire your clients and facilitate real, lasting change.*

## Coach Training Certification Program

**ACC Pathway / Level 1 : November 20, 2025 To April 09, 2026**

*Online classes on zoom video conferencing (optional in-person session)*



Om Asato Maa Sad-Gamaya |  
Tamaso Maa Jyotir-Gamaya |  
Mrtyor-Maa Amrtam Gamaya |  
Om Shaantih Shaantih Shaantih ||

*Holding with reverence  
our right to light  
and*

*Transforming the world  
One heart at a time.*

- **Create a Life of Purpose:** Do you dream of crafting a life that aligns with your values and passions? Our coaching program empowers you to live authentically and inspire others to do the same.
- **Ignite Transformation in Others:** Are you passionate about helping others unlock their full potential? As a trained coach, you will guide individuals toward achieving their goals and realizing their dreams.
- **Achieve Balance and Freedom:** Are you seeking a career that offers flexibility and financial independence? Coaching provides the opportunity to work on your terms while making a meaningful impact.
- **Empower Thriving Communities:** Do you envision a world where families, communities, and organizations flourish with compassion and empathy? Our coaching program equips you to empower others to build such environments.
- **Drive Social Impact:** Are you committed to creating positive change in the world? As a coach, you will support initiatives that foster growth, equality, and success, contributing to a brighter future for all.

**Ready to make a difference?**

**This ICF-accredited certification gives you the tools and expertise to lead with purpose and impact.**

## Making a Difference:

As an Associate Professional Coach (ACC), from an International Coach Federation (ICF) accredited school, you will be well-prepared to launch your career as a coach. You can also become an internal coach in your organization or use coaching within the organizational leadership to enhance their leadership skills.

Coaching for Transformation (CFT) gives you a wide range of skills that profoundly impact people's lives. You can coach your clients to support them to be more effective leaders in any field, deepen their relationships, create impactful organizations and teams, transform their workplace, or lead a powerful social change initiative. And so much more...

### New!

#### ACC certification pathway:



#### What does this mean?

- **ACC certification pathway**  
By completing the first 20 weeks of the CFT program and other requirements, you are eligible to apply for the ACC credentials



### Program Dates & Timings:

ACC / Level 1 : Nov 20, 2025 to Apr 09, 2026

Weekly online\* class on Thursdays at:  
07:30 PM IST / 02:00 PM UTC

Repeat online\* class on Fridays at:  
06:30 AM IST / 01:00 AM UTC

*\*Online class on zoom video conference.*

*Please note, in the weeks of Christmas and New year, and the week of the in-person, the weekly class will be held on the Tuesday and Thursday of that week at the same times.*

### New!

#### Optional In-person Learning Weekends with your cohort:

Post-pandemic, online platforms have revolutionized everything. However, learning together in person, face to face, has its own depth and sweetness.

#### What does this mean?

You will have the choice to sign up for a **three-day training in February 2026 in India**. The training will integrate and deepen coach presence and competence. These learning weekend will provide opportunity for practice, engagement and connection with fellow students and CFT faculty and mentors. These trainings are also open to CFT alumni to refresh their learning and strengthen their bond with the community.

## Program Components:



### Associate Certified Coach (ACC) certification pathway

Start your coaching journey with the 20-week CFT certification program, designed for aspiring coaches who want to build a solid foundation in coaching skills. This certification equips you with the essential techniques and knowledge to confidently coach individuals and teams and make a positive impact. The program Includes:

- **75+ hours of concept learning (45+ live and 30+ asynchronous)**
- **20 Weekly online classes of 2 hours each**
- **4 Integration classes of 2 hours each**
- **15+ recorded concept sessions**
- **3 hours of personal coaching from a CFT Certified Coach**
- **10 hours of group + individual mentoring**
- **Oral and written assessments**
- **1 weekend of in-person learning with the cohort on an opt-in basis**
- **Extra LIVE sessions on Niche Coaching applications by experts in the field**

### Registration & Enquiry

Call or Whatsapp on: **+91 73045 00905**

Write to us : **programs@ltwindia.com**

Registration: **www.ltwindia.com/cft-registration**

## About the Program

This program is highly experiential and involves extensive practice during online classes, peer coaching and in-person sessions.

The Coaching for Transformation (CFT) graduate community is actively involved in the CFT program and would be available to support you in making the learning joyful and meaningful. We welcome you to build a relationship with the CFT team that lasts beyond the duration of the coaching program and to bring your own unique strengths and gifts to building this community.

Our global faculty members have an unwavering commitment to your growth as a coach and their own continuous learning. Our dynamic international team is committed to every participant becoming an excellent coach.

### This global learning community attracts:

- Coaches
- Executives, Managers, and Leaders from all sectors
- Social workers
- Therapists, and Counselors
- Organization development consultants
- Human resources professionals
- Educators, Trainers and Facilitators.
- Social justice leaders
- Community organizers
- Activists

### You can count on our faculty to:

- Co-create a safe, courageous learning environment where you can take risks that support growth
- Give you straightforward, rigorous feedback
- Challenge you to step into your power as a coach
- Make room for every voice and keep group learning our first priority
- Take advantage of learning opportunities that emerge live in the moment

## Curriculum:

- Delve into a holistic curriculum to help people create a better future. Coaching for Transformation goes beyond theories, principles & models and works with clients on a deep level. You learn how to coach the whole person: the physical, mental, emotional and spiritual.
- You have weekly teachings, demonstrations, practice and discussions that focus on real-life applications. Between sessions, you put the teachings into practice. As you discover your strengths, creativity and core values, you deploy the confidence to coach any client on any issue.
- Coaching for Transformation takes place in a supportive learning community where you will discover how to put your clients in the driver's seat. And that's only the beginning.



# Highlights of CFT

**Core Principles:**

Explore three levels of listening to help clients connect to their passion. Embody the 5 principles of coaching to honor your client's innate wisdom.

**Skills: The Coaches Palette :**

Experiment widely to learn the nuances of 23 coaching skills and when to apply them.

**Five Pathways to Alignment:**

Learn structures that support your client to come into more awareness, gain clarity and explore their feelings, needs, values, beliefs and perspectives and make more aligned choices.

**Culturally Aware Coaching:**

Deepen your awareness of power, privilege, and culture so that you can mindfully coach people from any culture or background.

**Calling out the Power:**

Learn bold coaching methods to help your clients get unstuck and awaken to their full power. Find out how this requires you to step out of your comfort zone-as you ask your clients to do the same.

**Organizational Coaching:**

Specific focus for coaching in organizational context. You will learn how to blend your coaching practices with OD interventions and strategic initiatives.

**The Business of Coaching:**

Identify, design, and launch the coaching practice that is right for you. You'll learn the nuances of starting a coaching business, marketing, pricing, and attracting clients-so your practice becomes sustainable.

**Soul and Spirit:**

Explore the realms of soul and spirit, their relationship to coaching, and help spiritually-oriented clients deepen their connection to those realms. You'll also learn to coach secular clients as you develop your intuition and explore life purpose.

**Celebration and Completion:**

Integrate your learning, celebrate your journey and your graduation as a Certified Professional Coach!

## Program Investment:

Please note that all prices mentioned in INR are for people residing within India and subject to GST as applicable. The prices in USD are for all who reside in countries other than India and the GST is not applicable.

### ACC | 20-week CFT Program

Access to learning is a value we cherish, therefore we offer several pricing options:

#### CFT ALL INCLUSIVE PRICE

**USD 4,650/  
INR 3,15,000 + GST**

**Early Bird Benefit:  
Save USD 70 / INR 7,000**

- 75+ hours of instruction
- 10 hours of mentoring
- 3 hours of personal coaching from a coach on the senior CFT coach panel (@ USD 120 / INR 11,000 + GST per session)
- One in-person learning session (Friday to Sunday. Travel not included.)

#### CFT FLEXI PRICE

**USD 4,325/  
INR 2,85,000 + GST**

**Early Bird Benefit:  
Save USD 60 / INR 6,000**

- 75+ hours of instruction
- 10 hours of mentoring

Choose either one of the two following options :

Option 1 : 3 hours of personal coaching from a coach on the senior CFT coach panel (@ USD 120 / INR 11,000 + GST per session)

Option 2 : One in-person learning session (Friday to Sunday. Travel not included.)

#### CFT LITE PRICE

**USD 3,999/  
INR 2,55,000 + GST**

**Early Bird Benefit:  
Save USD 50 / INR 5,000**

- 75+ hours of instruction
- 10 hours of mentoring

Not included:

- 3 hours of personal coaching from a coach on the senior CFT coach panel
- One in-person learning session (Friday to Sunday. Travel not included.)

**REGISTER BEFORE SEPTEMBER 30 2025 TO GET THE EARLY BIRD BENEFIT**

**Three sessions of personal coaching are a mandatory requirement to complete the CFT (ACC pathway) program.** CFT panel includes coaches with rich experience of coaching and teaching the CFT curriculum. If you are selecting an investment option which does not include personal coaching, you will have to contract independently with a CFT graduate. Price per session may vary from USD 50 to USD 350.

Stand-alone cost of the one residential in-person learning session is USD 360 / INR 33,000 plus GST.

## The Team

*The design and delivery of Coaching for Transformation program is made possible through the dedicated and passionate efforts of our team. Each faculty member has their own sphere of expertise and brings in several modalities which enrichen the way they deliver and hold the learning.*



**ALTAF SHAIKH | PCC**  
**LEAD - FACULTY DEVELOPMENT | FACULTY**

Altaf is a relationship coach, whose interest lies in working with people who are facing a challenging time in their personal or professional relationships. He has also been working on developing leadership skills programs for marginalized youth on issues of gender, justice and inclusion with young women struggling to rebuild their lives. He is passionate about food, adventure sports. Altaf leads the faculty development initiative for LTW India.



**DEBORAH HOWARD | ESQ., M.S.O.D., PCC**  
**FACULTY**

Founder and President of Guiding Change Consulting, Inc. Deborah is a leading organizational consultant and author who previously worked as a public interest lawyer. She brings intercultural insight and a passion for social justice to her work as a change catalyst — helping leaders and their teams transform themselves and the world by tapping into their wisdom and creative potential.



**GUTHRIE SAYEN | PHD, PCC**  
**FACULTY**

Guthrie Sayen has created multiple advanced coach-training courses for Leadership that Works; he created and leads the coach training program at The Graduate Institute; and he has trained coaches for the True Purpose Institute. In his private practice, Guthrie works with wounded healers, helping them do for themselves what they are called to do for others. He also helps seekers come into the presence of the Divine, so they can live their soul's purpose. He mentors coaches at all stages of their careers, from beginners to seasoned masters.



**JAGRUTI GALA | PCC**  
**DIRECTOR OF MENTORING**

Jagruti considers herself an agent of transformation and she is thrilled to push the edges of consciousness in herself and in others, to create a world of greater fulfillment, compassion and joy. She takes pride in wearing several hats and is able to nourish the common thread of 'Learning is Liberation' that weaves its way through all of them. Jagruti is the Director of Mentoring for the CFT program.



**KAWTAR EL ALAOUI, LL.B | PCC  
FACULTY**

Kawtar El Alaoui is a Conscious Leadership Coach & Facilitator, Creator of Holistic Leadership Program, Intercultural Mediator and Lawyer. Founder & CEO of Conscious Togetherness, and Trained True Purpose® Coach. Kawtar guides and supports purpose driven leaders in amplifying their positive impact, for the creation of a world where no one is left behind. She stands for a world where everyone can live in dignity and peace, through personal empowerment, social equity, trauma informed relating, and values/purpose driven leadership.



**MUNGESH SAINI  
COHORT ANCHOR / TECHNICAL MODERATION**

Mungesh Saini is an ICF certified professional coach and has been trained by Leadership that Works, India on the coaching pathways and methodology. His approach is to create a space where a person could be himself/ herself without getting influenced by anything else. His intention is to make the space of potential visible for the client and for the coach as well. He strongly believes that leaders, individuals, groups and organizations can increase their contribution multi-fold when they are aware of their purpose, intentions and longings.



**NANCY COCO | PCC  
FACULTY**

Nancy Coco is an educator, coach, facilitator, speaker, and writer. Nancy delights in working with people of all ages, from children and youth to adults to seniors, offering 1-1 coaching, retreats, and writing as a tool for creativity, reflection, and discovery. As a Professionally Certified Coach with over eight hundred coaching hours, Coach Nancy is trained and experienced in coaching individuals through any life stage, stuck point, or growing edge, personal or professional, as well as coaching those who are finding their voice as writers.



**PERNILLE PLANTENER | PCC  
FACULTY**

Pernille Plantener reminds clients about our innate interconnectedness; that we are cells in a greater tissue, even though our nervous system due to our historical and inter-generational history has chosen separation. She offers gentle re-calibration to reciprocity with each other and the more than human world, the result being enhanced efficiency, warmth, and fulfillment, both for the individual and for the organization.



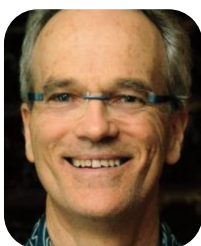
**SEEMA BHATT | PCC  
MANAGING PARTNER | FACULTY**

Seema Bhatt is a certified coach, mentor and a facilitator of transformation. What defines her life and work is authentic expression, facilitating a shift within to embrace one's inner power and enable teams and communities to realize their collective potential. She has worked across various industries, organizations and with individuals as a Life coach, Leadership coach and a facilitator. Seema is co-founder promoter and leads Programs, Operations, Finance and Legal for LTW India.



**SONALI KELKAR | PCC  
DIRECTOR OF TRAINING**

Sonali is an organization development consultant and a leadership facilitator who is passionate about life. She thrives on partnering with individuals and organizations that are committed to growth. She extensively works with clients to discover and hone the leader present in them. She is an avid trekker, sailor and marathoner. She rejoices in using her coaching skills in engaging with her family – especially her daughters. Sonali is the Director of training for LTW India.



**STEVEN FILANTE | CPCC, PCC  
FACULTY**

Steven Filante is an international coach trainer and advance coach supervisor. Always open to new modalities and possibilities, Steven challenges his learners to examine all parts of the human experience and how it can bring value to coaching. He coaches small business owners and executives who need a coaching ally to translate their vision of change into the world. Steven designed and delivered Fire in the Heart, an advanced coach training course.



**SUVA CHATTOPADHYAY  
FACULTY**

Suva is a leadership development consultant who works with organisations as a coach and facilitator. He is also a Team Coach and a Coach supervisor. He challenges clients to push boundaries and works with their Philosophy, Purpose, Practice, and Values to drive meaningful behavior change. He is passionate about using Psychodrama, Sociodrama, and Transactional analysis in his work. With diverse previous corporate experiences, he coaches senior leaders and CXOs across industries.



**VIKRAM BHATT  
MANAGING PARTNER | FACULTY**

Vikram Bhatt is an organization development consultant who engages with client systems as a mentor, coach and facilitator. Living the transformation process authentically is core to his expression at work. Vikram works extensively with clients as an organization development coach to facilitate visioning, values orientation, behavioral/team building programs and competence development for intact and cross-functional teams. Vikram is currently invested in design and build of evolutionary frameworks. Vikram is founder – promoter of Leadership that Works India and leads Design, Brand, Growth and Partnerships for LTW India.



**VERONICA KING  
FACULTY**

Veronica King is a South African communication specialist, master facilitator, global executive coach and social justice advocate. Veronica is the founder and CEO of Emuthini Consulting which she established in 2002. She has worked across a number of sectors and has developed a deep knowledge of organisational development and leadership drawing upon extensive institutional and organisational experience at a senior executive level.



**WASUNDHARA JOSHI | PCC  
LEAD - ACCREDITATION | FACULTY**

Wasundhara Joshi sees her purpose in facilitating well-being through wholeness and integration in individuals, organizations and society. She is passionate about bringing alive the potential and resources in people to be all they can be and more. Wasundhara is a pioneer in teaching and applying Appreciative Inquiry in India. Wasudhara leads the accreditation process for LTW India and manages the ICF relationship.



## Testimonials of Transformative Journeys



**Deepti Dhingra**  
(Vice President – People, Ocrolus East Pvt. Ltd.)

The Coaching for Transformation journey was nothing short of life-changing. It deepened my self-awareness, helping me embrace my truth with authenticity and strength. Through this journey, I learned that life isn't about rigid choices or either-or decisions—it is vast, multidimensional, and full of possibilities. This realization brought immense growth, allowing me to own my choices unapologetically, without the need for justification or defense.

What made this experience even more extraordinary were the faculty—beautiful, awe-inspiring human beings who created an incredibly safe space for us. Their wisdom, compassion, and unwavering presence rejuvenated my hope and belief in the goodness of the world. They didn't just teach; they embodied the transformation we sought, making this journey one of deep connection, healing, and profound peace.



**Hongbing Yan**  
(Founder & Managing Director, Inspiration Insight Research & Consulting)

I am incredibly grateful to have been part of this Coaching for Transformation program, which has been a transformative journey in my professional and personal growth. The program was exceptionally well-structured, and the opportunity to learn from experienced coaches was truly inspiring. Their live coaching demos were not only insightful but also set a high standard for what exceptional coaching looks like.

This course laid a solid foundation for my coaching practice, equipping me with the essential skills, tools, and mindset needed to excel in this field. The depth of knowledge and practical experience I gained has been invaluable. After completing the course, I continued to deepen my learning and practice, which ultimately led me to achieve my PCC (Professional Certified Coach) credential from the International Coaching Federation (ICF).

I highly recommend this course to anyone who is serious about becoming a skilled and impactful coach. It is more than just a training program—it is a life-changing experience that empowers you to grow as a coach and as a person. Thank you to the incredible instructors and the entire team behind this course for their dedication and support!



**Kirsten Clacey**  
(Facilitator and Coach, Automattic Inc.)

The Coaching for Transformation program exceeded my expectations in every way. Its expert trainers/coaches naturally inspire growth just by being themselves and sharing their wisdom. I valued how the curriculum went beyond surface-level coaching techniques to explore meaningful concepts about change, transition, and identity – providing practical tools while honoring the human experience.

What truly sets this program apart is its authenticity. The organizers genuinely care about each participant's journey, offering thoughtful support throughout the process. Learning alongside a diverse group of accomplished professionals enhanced the experience, creating a supportive community where true transformation could happen. I'm deeply grateful for both the practical skills and the personal growth this program made possible.



**Nandan Srinath**  
(Leadership & Growth Coach, Former CXO)

My experience with the 9 month long Coaching for Transformation program has been profoundly transformative – a new birthing perhaps. Of course, the program equipped me with invaluable coaching skills and frameworks; but it also sparked an unexpected inner journey of self-discovery – surprising, joyful and perspective shifting.

The skills and new perspectives combine wonderfully with my past operating experience to now help leaders, founders and business families unlock breakthrough performance and multi-generational growth.

**Isabelle Min**  
(Founder & CEO, Transition Catalyst Korea Institute)

Coaching for Transformation is an outstanding coach training program that delves into areas generally mentioned but seldom taught. I received formal coach trainings from various schools in the last ten years but this is the first time a program has actually taken me into areas of developing intuition, working with client and coach's vulnerability, and allowing the coach to experiment with transformative pathways. This program is highly recommended for anyone interested in becoming a highly competent coach, but even more recommended for those who, like me, spent years coaching and are searching for mastery.

**Nadine El-Hadad**  
(HR Manager, Multinational FMCG, Egypt)

CFT was really an eye opening experience. As I went through this journey, I began to rediscover myself and others, and started looking at things from a completely different angle. For me CFT is a safety zone, you can be whomever you want to be, you practice and play and more importantly you celebrate mistakes. It is a journey where you will be accompanied with many souls that become your support group and you can really fall back on. Pathways of transformation become a way of life once you start to practice it and play with it. I enjoyed every bit of it especially the support I received. It feels like home.

"We delight in the beauty of the butterfly, but rarely admit  
the changes it has gone through to achieve that beauty."

– Maya Angelou

## Registration & Enquiry

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